

To: Residents From: Mark Steele Re: Coronavirus Update Date: March 23, 2020

Over that past few days, we made some difficult decisions regarding our community, and the responses have been overwhelmingly positive! Thank you for your support. Our main goal is to take precautions now to keep the Salemtowne community safe.

Many of you have concerns about our request to self-isolate if you leave campus and return.

We define self-isolation as follows:

- Don't go to communal areas on campus, such as the servery where you pick up meals or the Vogler Variety Shop.
- Avoid close contact with others (practice social distancing stay 6 ft away from others)
- You **CAN** leave your apartment or cottage and walk around campus, but please practice social distancing.
- If you are on self-isolation, your food, mail, and medication will be delivered.
- If you go off campus again during this time, the 14 days start over.

If you leave campus, we will take your temperature when you return (like anyone else entering campus).

The following are options to help you limit the need to leave campus:

- 1. If a family member or friend would like to shop for you, they can drop the items off at the Welcome Center, and a Team Member will bring them to you at your home.
- 2. We are working with Southern Pharmacy (Salemtowne's pharmacy) to deliver prescriptions for all residents who need them directly to the Clinic for you to pick up there. If you are on self-isolation, we will deliver. Please call the Clinic if you would like to set up this service. 336-714-2158
- By April 1st, we will be setting up a mini- grocery store in the Dorcas Dining room where you can purchase staples. More details will be available as soon as possible.

- 4. The Vogler Variety shop will continue to carry convenience items such as toiletries.
- 5. If you need additional assistance ordering any other items for delivery, please let the concierge know, and we will have someone assist you. 336-767-8130

Please remember, most Health Care providers are canceling non-urgent medical/dental appointments and/or offering telemedicine options. If you have a doctor's appointment or scheduled procedure, please call your provider first. Please call our clinic nurse at (336) 714-2158 if you need help with this.

We appreciate your ideas and solutions, so please keep them coming. As we have stated previously, this is a first for everyone, including us, and we will continuously be updating our policy.